

BASIC 5 NEEDLE SOCK (WRITTEN BY Heidi Sunday)

100 gm (3 ½ oz) Fingering weight yarn

Using needles size 0 to 3, determine your stitch gauge

Cast on 60 stitches if gauge is 6.5 st/inch (64 for 7 st/in, 68 for 7.5 st/in, 72 for 8 st/in)

CUFF: Rib 1x1 or 2 x 2 for desired length (anywhere from 1-7 inches)

ANKLE: Work stockinette stitch for 1 inch (or until ready to start heel flap). Place ½ of stitches on a holder or piece of string to be worked after the heel is complete, or leave on 2 needles.

HEEL FLAP: Work Heel Stitch on ½ of the total stitches (30, 32, 34, 36) for 2 ½ inches

Heel Stitch:

Right side: Sl 1, K1, Sl 1, K1 across all stitches

Wrong side: Sl 1, purl across

Repeat above 2 rows until 2 ½ inches, ending by working a RS row.

TURN HEEL: Begin to turn heel on following wrong (P) side:

Sl 1, Purl ½ of heel stitches, plus 1 (15+1=16, 16+1=17, 17+1=18, etc.). P2Tog, P1, turn

Sl 1, K5, K2Tog, K1, turn

*Sl 1, P to 1 stitch before gap, P2Tog, P1, turn

Sl 1, K to 1 stitch before gap, K2Tog, K1, turn

Repeat from * until all stitches have been worked, ending with a K row.

GUSSET: Using another needle, slip ½ of heel stitches onto a 2nd needle, so that the heel is split onto 2 needles, yarn coming from the left side, ready to pick up stitches along the left side of the heel flap. With ½ the heel stitches on the needle, pick up stitches from the edge of the heel flap, always working from the RS of the fabric (approx 10-16). This is needle #1 for gusset and toe decrease purposes.

Needle 2 and 3: K ½ of the front foot stitches from holder or needles to each of 2 needles

Needle 4: Pick up approx the same number of stitches from the right side of the heel flap, then knit the 1st half of the heel stitches.

GUSSET DECREASES:

Count the total number of stitches. Gusset decreases will be made at the end of needle 1 and the beginning of needle 4 until the stitch count is back to original number (for 60, goal is 15 on each needle). Knit EVERY OTHER row, working the following decreases on the odd rows.

Odd rounds: Needle 1: K to last 3 stitches, K2Tog, K1

Needle 2; K

Needle 3: K

Needle 4: K1, Sl 1, K1, pass slipped stitch over (PSSO), K to end

FOOT:

After reaching original number of stitches, Knit even until foot measures 2 inches less than the finished sock length.

TOE:

Begin toe decreases:

Odd rounds: Needle 1: K to last 3 stitches, K2Tog, K1

Needle 2; K1, Sl 1, PSSO, K to end

Needle 3: K to last 3 stitches, K2Tog, K1

Needle 4: K1, Sl 1, PSSO, K to end

Even rounds: K even

When 16 stitches remain, cut yarn to 12", arrange all stitches on just 2 needles, and weave toe in kitchener stitch, sewing with a darning needle:

1st st on front needle as if to purl; leave on needle, 1st st on back needle as if to knit; leave on needle

*1st on front as if to knit, take off needle, Next st on front as if to purl; leave on needle, 1st st on back as if to purl; take off needle. Next st on back as if to knit; leave on needle. Repeat from * until all stitches are off needles, weave in end.

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